

Handout

EXAMPLES OF WAYS TO GIVE PRAISE AND REINFORCEMENT

1. "You do a good job of . . ."
2. "You have improved in . . ."
3. "I like it when you . . ."
4. "Good for you for . . ."
5. "Good idea for . . ."
6. "You've done a good job of . . ."
7. "See how _____ has improved in . . ."
8. "You're doing very well."
9. "Look how well he/she did . . ."
10. "That's a perfect way of . . ."
11. "Wow, what a wonderful job you've done of . . ."
12. "That's correct, that's the perfect way to . . ."
13. "I'm so happy you . . ."
14. "It really pleases me when you . . ."
15. "You're such a big girl for . . ."
16. "Good boy for . . ."
17. "Thank you for . . ."
18. "What a nice job of . . ."
19. "Hey, you are really sharp; you . . ."
20. "That's great, it really looks like . . ."
21. "You're doing just what Mommy wants you to do."
22. "My, you are minding Daddy so well."
23. "My! That . . . was so nice."
24. "That's very nice (or good) for . . ."
25. "Mommy's very proud of you for . . ."
26. "Beautiful! Fine! Great! Gorgeous! Tremendous!"

Some Physical Rewards

27. A pat on the arm or shoulder
28. A hug
29. Head rubbing
30. Squeezing the arm or waist
31. Giving a kiss

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EXAMPLES OF BEHAVIORS TO PRAISE

1. Sharing
2. Talking nicely
3. Complying with requests
4. Good eating behavior at dinner
5. Going to bed after the first request
6. Playing quietly
7. Solving a problem
8. Turning down the television
9. Doing chores
10. Coming home from school on time
11. Getting up promptly in the morning
12. Making it through the night without wetting the bed
13. Making the bed
14. Picking up clothes
15. Putting toys away
16. Walking slowly
17. Doing homework
18. Getting dressed