

According to Leifer, hypertension that happens during pregnancy is known as gestational hypertension. It can become more complicated later in life. High blood pressure that occurs after 20 weeks of pregnancy causes preeclampsia with protein in urine.

Nursing diagnosis

The patient is at risk for preeclampsia related to high blood pressure as evidenced by disturbance vision, abdomen pain, protein in urine, edema formation, nausea/vomiting, decreased in urine output, headaches, and sudden weight gain.

Goals/Outcomes

- To decrease blood pressure to normal range and keep mom and baby safe
- Teaching patient the important to maintain for healthy weight, blood pressure within limit range, and report any swelling
- Epigastric pain decreases, no more nausea/vomiting, and less headache.
- Pitting edema +1

Interventions

DURING PREGNANCY	IN LABOR	AFTER DELIVERY
- Monitor BP - Tell the patient to keep records and maintain healthy weight. (CDC, 2020)	- Control and monitor for IV fluid intake - Position on side if needed	(MedlinePlus), (Leifer, 2019) - Monitor blood pressure for both mom and baby. Check the baby's breathing. Oxygen