

Student Nursing Care Plans

Client: Jon Stark

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ASSESSMENT	DIAGNOSIS	OUTCOMES	INTERVENTIONS	RATIONALE	EVALUATION
(+) Dyspnea (+) Abnormal breath sounds Heart rate = 128bpm Restlessness (+) Productive cough	Impaired gas exchange RT collection of mucus in airways	Patient will maintain optimal gas exchange.	1. Assess respirations: note quality, rate, rhythm, depth, use of accessory muscles, ease, and position assumed for easy breathing. 2. Elevate head and encourage frequent position changes, deep breathing, and effective coughing.	1. Manifestations of respiratory distress are dependent on/and indicative of the degree of lung involvement and underlying general health status as patients will adapt their breathing patterns to facilitate effective gas exchange. 2. These measures promote maximum chest expansion, mobilize secretions and improve ventilation.	Patient maintained optimal gas exchange AEB normal respiratory rate, (-) dyspnea, effective coughing techniques.