

ECE 205: Developmental Checklist Case Studies

The following case studies are for use with your Week One, Typical or Atypical Development discussion. As a reminder, for this discussion you will:

- Choose one of the below case study children.
- Include the name of the child from the case study you chose in the subject line of your discussion post.
- Based on your review of the developmental checklist case study, explain whether you feel the child would be considered slightly delayed in meeting their milestones or might have a significant delay that needs to be further investigated. Support your rationale with specific details from case study developmental checklist (e.g., what areas are causing you the most concern and why?).
- Based on your opinion of the child having a slight or possibly a more significant delay, explain the steps you would take to support this child and their family, providing your reasoning.



DEVELOPMENTAL CHECKLIST - 1 TO 3 MONTHS

CHILD'S NAME: Alex Smith

DATE OF BIRTH: 12/15/17 (Age 3 months)

PARENT OR GUARDIAN: Mr. and Mrs. Smith

MILESTONES

OBSERVED ✓

MOTOR

- ✓ Retains hold of object/rattle (1-2 mos.)
- ✓ Brings hands towards center of body when lying on back (1-2 mos.)
- ✓ Raises head and cheek when lying on stomach (3 mos.)
- ✓ Supports upper body with arms when lying on stomach (3 mos.)
- ✓ Stretches legs out when lying on stomach or back (2-3 mos.)
- ✓ Opens and shuts hands (2-3 mos.)
- ✓ Pushes down on his legs when his feet are placed on firm surface (3 mos.)
- ✓ Occasionally rolls from stomach to back (3 mos.)

✓
✓
✓
✓
✓
✓
✓
✓

COGNITIVE

- ✓ Responds to voice i.e. turn to, wiggle, reacts (0-1 mos.)
- ✓ Watches face intently (2-3 mos.)
- ✓ Follows moving objects (2 mos.)
- ✓ Recognizes familiar objects and people at a distance (3 mos.)
- ✓ Starts using hands and eyes in coordination (3 mos.)

✓
✓
✓
✓
✓

LANGUAGE

- ✓ Makes sucking sounds (1-2 mos.)
- ✓ Smiles at the sound of voice (2-3 mos.)
- ✓ Cooing noises; vocal play (begins at 3 mos.)
- ✓ Attends to sound (1-3 mos.)
- ✓ Startles to loud noise (1-3 mos.)

✓
✓
✓
✓
✓

SOCIAL/EMOTIONAL

- ✓ Makes eye contact (0-1 mos.)
- ✓ Begins to develop a social smile (1-3 mos.)
- ✓ Enjoys playing with other people and may cry when playing stops (2-3 mos.)
- ✓ Becomes more communicative and expressive with face and body (2-3 mos.)

✓
✓
✓
✓

DEVELOPMENTAL RED FLAGS (1 TO 3 MONTHS)

- ☒ Doesn't seem to respond to loud noises
- ☐ Doesn't follow moving objects with eyes by 2 to 3 months
- ☒ Doesn't smile at the sound of your voice by 2 months
- ☐ Doesn't grasp and hold objects by 3 months
- ☐ Doesn't smile at people by 3 months
- ☐ Cannot support head well at 3 months
- ☐ Doesn't reach for and grasp toys by 3 to 4 months
- ☐ Doesn't bring objects to mouth by 4 months
- ☐ Doesn't push down with legs when feet are placed on a firm surface by 4 months
- ☐ Has trouble moving one or both eyes in all directions
- ☐ Crosses eyes most of the time (occasional crossing of the eyes is normal in these first months)

COMMENTS:

DEVELOPMENTAL CHECKLIST - 4 TO 7 MONTHS

CHILD'S NAME: Abbi Ramos

DATE OF BIRTH: 10/10/17 (Age 6 months)

PARENT OR GUARDIAN: Mrs. Ramos

MILESTONES

OBSERVED ☒

MOTOR

- | | |
|---|---|
| ✓ Pushes up on extended arms (5 mos.) | ✓ |
| ✓ Pulls to sitting with no head lag (5 mos.) | |
| ✓ Sits with support of his hands (5-6 mos.) | |
| ✓ Sits unsupported for short periods (6-8 mos.) | |
| ✓ Supports whole weight on legs (6-7 mos.) | |
| ✓ Grasps feet (6 mos.) | ✓ |
| ✓ Transfers objects from hand to hand (6-7 mos.) | ✓ |
| ✓ Uses raking grasp (not pincer) (6 mos.) | |
| ✓ Routinely rolls from stomach to back and back to stomach (6 mos.) | |

COGNITIVE

- | | |
|--|---|
| ✓ Plays peek-a-boo (4-7 mos.) | ✓ |
| ✓ Looks for a family member or pet when named (4-7 mos.) | ✓ |
| ✓ Explores with hands and mouth (4-7 mos.) | ✓ |
| ✓ Tracks moving objects with ease (4-7 mos.) | ✓ |
| ✓ Finds partially hidden objects (6-7 mos.) | |
| ✓ Grasps objects dangling in front of him (5-6 mos.) | |
| ✓ Looks for fallen toys (5-7 mos.) | |

LANGUAGE

- | | |
|--|---|
| ✓ Laughs and squeals out loud (4-7 mos.) | ✓ |
| ✓ Distinguishes emotions by tone of voice (4-7 mos.) | ✓ |
| ✓ Responds to sound by making sounds (4-6 mos.) | ✓ |
| ✓ Responds to spoken "bye-bye" by waving (4-7 mos.) | ✓ |
| ✓ Uses voice to express joy and displeasure (4-6 mos.) | ✓ |
| ✓ Localizes or turns toward sounds (5-6 mos.) | ✓ |
| ✓ Syllable repetition begins (5-7 mos.) | ✓ |

SOCIAL EMOTIONAL

- | | |
|---|---|
| ✓ Enjoys social play (4-7 mos.) | ✓ |
| ✓ Interested in mirror images (5-7 mos.) | ✓ |
| ✓ Can calm down with ½ hour when upset (6 mos.) | ✓ |
| ✓ Responds to other people's expression of emotion (4-7 mos.) | ✓ |

DEVELOPMENTAL RED FLAGS (4 TO 7 MONTHS)

- ☐ Seems very stiff, tight muscles
- ☐ Seems very floppy, like a rag doll
- ☒ Head still flops back when body is pulled to sitting position (by 5months still exhibits head lag)
- ☐ Shows no affection for the person who cares for them
- ☐ Doesn't seem to enjoy being around people
- ☐ One or both eyes consistently turn in or out
- ☐ Persistent tearing, eye drainage, or sensitivity to light
- ☐ Does not respond to sounds around them
- ☐ Has difficulty getting objects to mouth
- ☐ Does not turn head to locate sounds by 4 months
- ☒ Doesn't roll over (stomach to back) by 6 months
- ☒ Cannot sit with help by 6 months (not by themselves)
- ☐ Does not laugh or make squealing sounds by 5 months
- ☐ Does not actively reach for objects by 6 months
- ☐ Does not follow objects with both eyes
- ☐ Does not bear some weight on legs by 5 months
- ☐ Has difficulty calming self, cries for long periods of time

COMMENTS:

DEVELOPMENTAL CHECKLIST - 12 TO 24 MONTHS

CHILD'S NAME: Lauren Holder

DATE OF BIRTH: 7/25/17 (Age 23 months)

PARENT OR GUARDIAN: Mrs. Holder

MILESTONES

OBSERVED ☒

GROSS MOTOR

- ✓ Walks alone (12-16 mos.)
- ✓ Pulls toys behind him while walking (13-16 mos.)
- ✓ Carries large toy or several toys while walking (12-15 mos.)
- ✓ Begins to run stiffly (16-18 mos.)
- ✓ Walks into ball (18-24 mos.)
- ✓ Climbs onto and down from furniture unsupported (16-24 mos.)
- ✓ Walks up and down stairs holding on to support (18-24 mos.)

✓
✓
✓
✓
✓
✓
✓

FINE MOTOR

- ✓ Scribbles spontaneously (14-16 mos.)
- ✓ Turns over container to pour out contents (12-18 mos.)
- ✓ Builds tower of four blocks or more (20-24 mos.)
- ✓ Completes simple knobbed wooden puzzles of 3 to 4 pieces (21-24 mos.)

✓
✓
✓
✓

LANGUAGE

- ✓ Says "no" with meaning (13-15 mos.)
- ✓ Follows simple, one-step instructions (14-18 mos.)
- ✓ Says several single words (15-18 mos.)
- ✓ Recognizes names of familiar people, objects, and body parts (18-24 mos.)
- ✓ Points to object or picture when it's named for them (18-24 mos.)
- ✓ Repeats words overheard in conversations (16-18 mos.)
- ✓ Uses two-word sentences (18-24 mos.)

✓

✓

✓

COGNITIVE

- ✓ Finds objects even when hidden under 2 or 3 covers (13-15 mos.)
- ✓ Will listen to short story book with pictures (15-20 mos.)
- ✓ Identifies one body part (15-24 mos.)
- ✓ Begins to sort shapes and colors (20-24 mos.)
- ✓ Begins make-believe play (20-24 mos.)

✓
✓
✓
✓
✓

SELF-HELP

- ✓ Starts to feed self with spoon, with some spilling (13-18 mos.)
- ✓ Likes to play with food when eating (18-24 mos.)
- ✓ Can put shoes on with help (20-24 mos.)
- ✓ Can open doors by turning knobs (18-24 mos.)
- ✓ Can drink from open cup, with some spilling (18-24 mos.)

DATE
OBSERVED

✓

✓

✓

✓

SOCIAL/EMOTIONAL

- ✓ Imitates behavior of others, especially adults and older children (18-24 mos.)
- ✓ Increasingly enthusiastic about company or other children (20-24 mos.)
- ✓ Demonstrates increasing independence (18-24 mos.)
- ✓ Begins to show defiant behavior (18-24 mos.)
- ✓ Episodes of separation anxiety increase toward midyear, then fade

✓

✓

✓

DEVELOPMENTAL RED FLAGS (12 TO 24 MONTHS)

- ☐ Cannot walk by 18 months
- ☐ Fails to develop a mature heel-toe walking pattern after several months of walking, or walks exclusively on toes
- ☐ Does not speak at least 15 words by 18 months
- ☐ Does not use unique two-word phrases by age 2 (more milk, big dog, mommy help)
- ☐ By 15 months does not seem to know the function of common household objects (brush, telephone, cup, fork, spoon)
- ☐ Does not imitate actions or words by 24 mos.
- ✓ ☒ Does not follow simple one-step instructions by 24 mos.
- ☐ Cannot identify self
- ☐ Cannot form a two-word phrase
- ☐ Cannot hold and use a spoon or cup for eating and drinking
- ☐ Does not display a wide array of emotions (anger, fear, happy, excited, frustrated)

COMMENTS:

DEVELOPMENTAL CHECKLIST - 3 TO 4 YEARS

CHILD'S NAME: Bowen Bradford

DATE OF BIRTH: 1/16/17 (Age 3 years 6 months)

PARENT OR GUARDIAN: Mr. Bradford

MILESTONES

OBSERVED



GROSS MOTOR

- ✓ Hops and stands on one foot up to 5 seconds
- ✓ Goes upstairs and downstairs without support
- ✓ Kicks ball forward
- ✓ Throws ball overhand
- ✓ Catches bounced ball most of the time
- ✓ Moves forward and backward
- ✓ Uses riding toys

✓
✓
✓
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✓
✓

FINE MOTOR

- ✓ Copies square shapes
- ✓ Draws a person with 2-4 body parts
- ✓ Uses scissors
- ✓ Draws circles and squares
- ✓ Begins to copy some capital letters

LANGUAGE

- ✓ Understands the concepts of "same" and "different"
- ✓ Has mastered some basic rules of grammar
- ✓ Speaks in sentences of 5-6 words
- ✓ Asks questions
- ✓ Speaks clearly enough for strangers to understand
- ✓ Tells stories

✓
✓
✓
✓

COGNITIVE

- ✓ Correctly names some colors
- ✓ Understands the concept of counting and may know a few numbers
- ✓ Begins to have a clearer sense of time
- ✓ Follows three-part commands
- ✓ Recalls parts of a story
- ✓ Understands the concept of same/different
- ✓ Engages in fantasy play
- ✓ Understands causality ("I can make things happen")

✓
✓
✓

✓
✓
✓

SELF- HELP

- ✓ Can feed self with spoon without spilling
- ✓ Washes and dries hands and face
- ✓ Can do simple household tasks (help set the table)
- ✓ Can put on simple clothing items, with help for button, zipper, shoelace (jacket, pants, shoes)
- ✓ Can run a brush or comb through own hair

DATE
OBSERVED

SOCIAL/EMOTIONAL

- ✓ Interested in new experiences
- ✓ Cooperates/plays with other children
- ✓ Plays "mom "or "dad"
- ✓ More inventive in fantasy play
- ✓ Can stay on topic during conversations
- ✓ More independent
- ✓ Plays simple games with simple rules
- ✓ Begins to share toys with other children
- ✓ Often cannot distinguish between fantasy and reality
- ✓ May have imaginary friends or see monsters

DEVELOPMENTAL RED FLAGS (3 TO 4 YEARS)

- ☐ Cannot jump in place
- ☐ Cannot ride a trike
- ☒ Cannot grasp a crayon between thumb and fingers
- ☐ Has difficulty scribbling
- ☒ Cannot copy a circle
- ☐ Cannot stack 4 blocks
- ☐ Still clings or cries when parents leave him
- ☐ Shows no interest in interactive games
- ☐ Ignores other children
- ☐ Doesn't respond to people outside the family
- ☐ Doesn't engage in fantasy play
- ☐ Resists dressing, sleeping, using the toilet
- ☐ Lashes out without any self-control when angry or upset
- ☐ Doesn't use sentences of more than three words
- ☐ Doesn't use "me" or "you" appropriately

COMMENTS:

DEVELOPMENTAL CHECKLIST - 4 TO 5 YEARS

CHILD'S NAME: Maria Rivera

DATE OF BIRTH: 11/7/13 (Age 4 years 11 months)

PARENT OR GUARDIAN: Mr. and Mrs. Rivera

MILESTONES

OBSERVED



GROSS MOTOR

- ✓ Stands on one foot for 10 seconds or longer
- ✓ Hops, somersaults
- ✓ Swings, climbs
- ✓ May be able to skip



FINE MOTOR

- ✓ Copies triangle and other geometric patterns
- ✓ Draws person with body
- ✓ Prints some letters
- ✓ Dresses and undresses without assistance



LANGUAGE

- ✓ Recalls parts of a story
- ✓ Speaks sentences of more than 5 words
- ✓ Uses future tense
- ✓ Tells longer stories
- ✓ Says name and address



COGNITIVE

- ✓ Can count 10 or more objects
- ✓ Correctly names at least 4 colors
- ✓ Works in small groups for 5-10 minutes
- ✓ Better understands the concept of time
- ✓ Knows about things used every day in the home (money, food, etc.)



SELF-HELP

- ✓ Uses fork, spoon independently
- ✓ Can chew with lips closed
- ✓ Goes to the bathroom independently, with reminders
- ✓ Undresses independently, may be able to unbutton and unzip



SOCIAL/EMOTIONAL

DATE
OBSERVED

- ✓ Wants to please
- ✓ Prefers to be with friends
- ✓ More likely to agree to rules
- ✓ Likes to sing, dance, and act
- ✓ Shows more independence

DEVELOPMENTAL RED FLAGS (4 TO 5 YEARS)

- ☐ Exhibits extremely aggressive, fearful or timid behavior
- ☒ Is unable to separate from parents
- ☐ Is easily distracted and unable to concentrate on any single activity for more than 5 minutes
- ☒ Shows little interest in playing with other children
- ☐ Refuses to respond to people in general
- ☐ Rarely uses fantasy or imitation in play
- ☐ Seems unhappy or sad much of the time
- ☒ Avoids or seems aloof with other children and adults
- ☐ Does not express a wide range of emotions
- ☐ Has trouble eating, sleeping or using the toilet
- ☐ Cannot differentiate between fantasy and reality
- ☐ Seems unusually passive
- ☐ Cannot understand prepositions ("put the cup on the table"; "get the ball under the couch")
- ☐ Cannot follow 2-part commands ("pick up the toy and put it on the shelf")
- ☐ Cannot give his first and last name
- ☐ Does not use plurals or past tense
- ☐ Cannot build a tower of 6 to 8 blocks
- ☐ Holds crayon with fistful grasp
- ☐ Has trouble taking off clothing
- ☐ Unable to brush teeth or wash and dry hands

COMMENTS:
