

Module 3: Assignment 1

Values Clarification and Conflict Resolution

Read each statement, thinking about past conflicts you have experienced. Relate the value to the conflicts you recall and indicate on each scale your self assessment on the two scales of:

1. Actual behavior or attitude regarding the statements (this is called the realized or actually making it happen response)
2. Ideal or value goal you aspire toward (this is called the idealized rating)

Where:

1 = I never do this

10 = I do this in every conflict situation

1. Find ways for the conflict to have a win-win resolution:

Realized:	1	2	3	4	5	6	7	8	9	10
Idealized:	1	2	3	4	5	6	7	8	9	10

2. Pressing one's agenda when it is right:

Realized:	1	2	3	4	5	6	7	8	9	10
Idealized:	1	2	3	4	5	6	7	8	9	10

3. Testing assumptions of the opposing side:

Realized:	1	2	3	4	5	6	7	8	9	10
Idealized:	1	2	3	4	5	6	7	8	9	10