

What aspects of the topic readings do you find the most interesting? What is your view of the analysis of disease and healing in the readings? Explain.

The most interesting topic in this week's reading is the concept of "what is" and "what ought to be" when people make moral judgements. One person could say there ought to be universal healthcare because healthcare is a right not a privilege. The next person could argue that if patients are unwilling to follow their plan of care and be noncompliant causing extensive healthcare costs which they use Medicaid for, they ought not receive healthcare. This is a moral standing and opinion. "Ought to be" statements are heard every day and debated. Understanding a "what is" statement as a scientific claim and "ought to be" as moral and ethical statements puts into perspective the fact versus value distinction (Worldview Foundations of Spirituality and Ethics, 2015).

I find a place for dualistic thinking. I understand the disease process and the scientific basis for pathophysiology. I also see the holistic benefits of relaxation techniques, guided imagery, therapeutic communication, prayer, religious rites, and non-pharmacological intervention. However, I inspect holistic interventions with a skeptical eye. Maybe it is because I am geared towards logic or maybe I lived in Sedona, AZ too long. If I were to look at the disease and healing process through a Christian lens, I would say all we do as healthcare workers and all we have discovered was guided by God's hands. My experience has taught me that some disease is preventable and some is not. It has also taught me that it doesn't matter how a patient heals as long as they heal or is at peace. This means whether they put their prayer and faith in God, the spirits of the Earth, a Hindu deity, or simply the support of their family, it is not my place to judge, preach, or dismiss. My job is to support their pathway to healing with an open heart, open mind, and a kind smile.

Reference:

Worldview Foundations of Spirituality and Ethics. (2015). Retrieved November 07, 2017, from [https://lc-ugrad3.gcu.edu/learningPlatform/user/users.html?operation=loggedIn#/learningPlatform/loudBooks/loudbooks.html?currentTopicname=Worldview Foundations of Spirituality and Ethics&viewPage=current&operation=innerPage&topicMaterialId=908cdf5b-3212-4419-990f-a2894a5f6115&contentId=604280bd-24d1-49dd-be78-487b0b2906e5&](https://lc-ugrad3.gcu.edu/learningPlatform/user/users.html?operation=loggedIn#/learningPlatform/loudBooks/loudbooks.html?currentTopicname=Worldview%20Foundations%20of%20Spirituality%20and%20Ethics&viewPage=current&operation=innerPage&topicMaterialId=908cdf5b-3212-4419-990f-a2894a5f6115&contentId=604280bd-24d1-49dd-be78-487b0b2906e5&)