

SafeAssign Originality Report

NURS-6630N-27-Approaches to Treatment-2021-Su... • SafeAssign Drafts • Submitted on Fri, Jul 23, 2021, 10:02 PM

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Decision #3 I chose the decision for the patient to continue with the dose. **1** The medication already demonstrated significant progress with very few side effects. For instance, the patient is only experiencing excessive somnolence. In this case, I clarified to the patient that he could split the tablet in half. **4** Studies show that lower trazodone dosages are effective and may result in fewer side effects and less daytime sleepiness since the medication is short-acting (Pavlova & Latreille, 2019). Prescribing Sonata would be a good option because it affects unbalanced chemicals in insomnia patients' brains to cause relaxation and help them fall or stay asleep. However, the choice would not be prudent because it carries the risk of adverse sleep behaviors. **5** On the other hand, Hydroxyzine is an antihistamine possessing strong sedative properties (Yi et al., 2018). A patient may use the medication in the short term to help him feel relaxed or asleep. Unfortunately, many patients present complex anticholinergic effects complaints the following day, such as Xerophthalmia and Xerostomia. By reducing the Trazodone dose by half, I expected depreciation of the

Word Count:	Submitted on:	Submission UUID:	Attachment UUID:
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Attachment 1

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