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NURS-6630N-27-Approaches to Treatment-2021-Su... • SafeAssign Drafts • Submitted on Fri, Jul 23, 2021, 10:02 PM [View Originality Report - Old Design](#)

Omolola Animashaun

View Report Summary

ders to people affected by the conditions (Perrotta, 2019). The illness poses changes to a person's sleep-wake cycle, influencing his overall mental health. In most cases, patients experience severe effects from the pathology, leading to depreciation of their life quality. In this case, a patient may suffer from the absence of self-reliance and progression into psycho-alterations. Hence, it is appropriate to facilitate medication administration to patients to recognize a healthy mental status. **1 Treatment must consider the potential side effects of the medication used to achieve the best outcome for the patient. Close monitoring of the patient's progress is also essential in ensuring appropriate medication adjustment or change and that the patient follows the doctor's guidance and prescription.** The paper discusses a case scenario of a 31-year old patient who suffers from a sleep disorder. The patient complains about his exacerbated absence of sleep in the past six months. According to him, the condition reduces his functionality, which is essential to his livelihood. Although the patient has had trouble sleeping previously, he admitted that it was not intense as at

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Attachment 1

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