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NURS-6630N-27-Approaches to Treatment-2021-Su... • SafeAssign Drafts • Submitted on Fri, Jul 23, 2021, 10:02 PM

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plex anticholinergic effects complaints the following day, such as Xerophthalmia and Xerostomia. By reducing the Trazodone dose by half, I expected depreciation of the patient's next-day drowsiness. There is also hope to treat insomnia in four weeks (La et al., 2019). **1** The treatment option comprised the consideration of various ethical issues. Like the other two decision scenarios, I observed communication keenly and shared information only with the patient's permission. I was also cautious to ensure that the patient did not develop other complications resulting from the treatment. It is ethically preferable that the patient be given sufficient information concerning the medication procedures, including their benefits and possible side effects, to make an informed decision. Conclusion

Insomnia refers to a sleep disorder affecting around 35% of adults (La et al., 2019). The ailment can result in serious effects that make people experience a high auto accidents risk, excessive daytime sleepiness, and health effects due to sleep deprivation. Many prescriptions are available for insomnia treatment, but care providers

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Attachment 1

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