

leading to some degree of liberation from oppression for those involved, regardless of their roles. It is important to note that one can enter the cycle at any point, through slow evolution or a critical incident, and will repeat or recycle many times in the process. There is no specific beginning or end point, just as one is never “done” working to end oppression. Although there is not a specific sequence of events in the cycle, it is somewhat predictable that all of the levels (intrapersonal, interpersonal and systemic) will occur at some point.

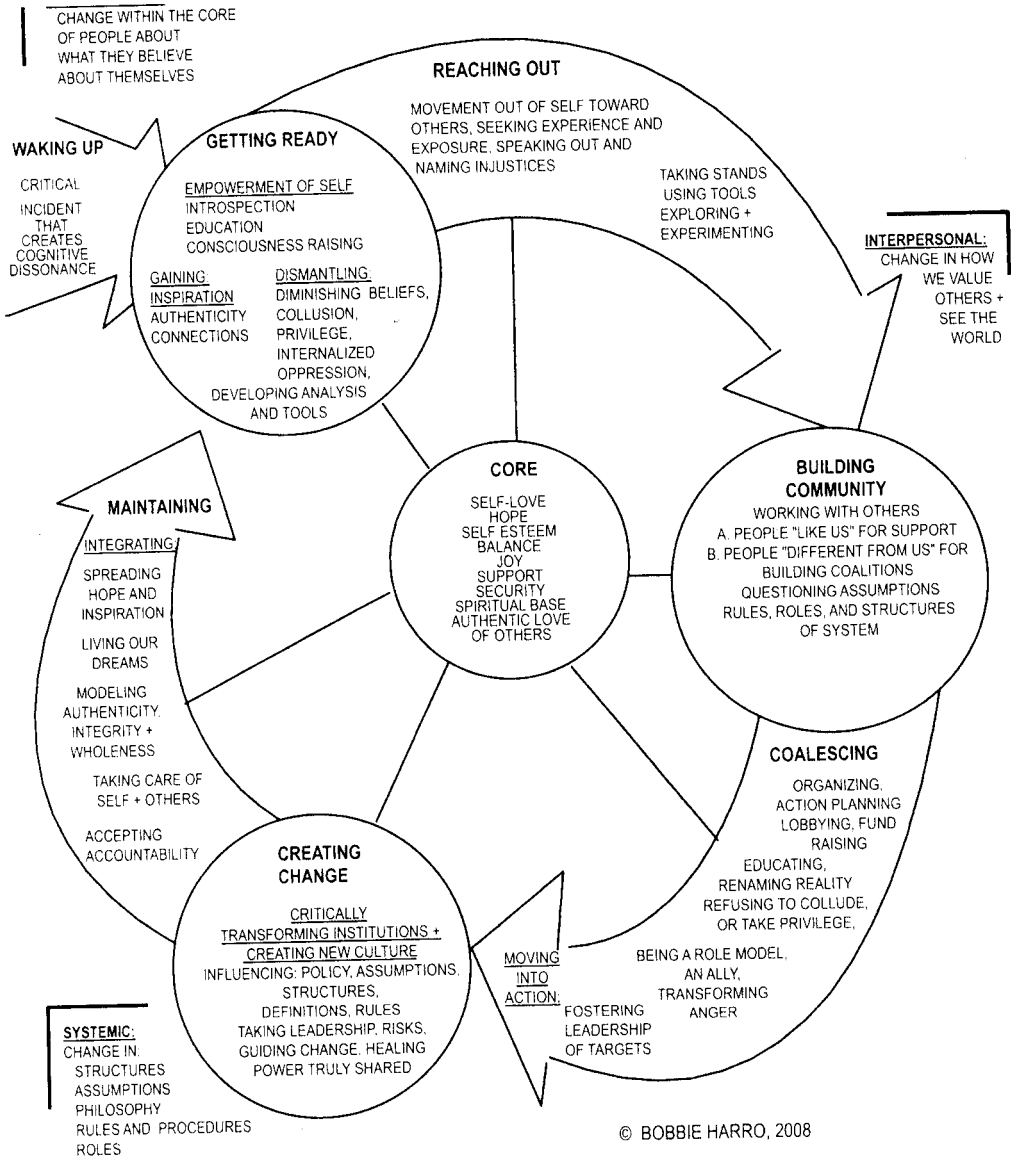


Figure 7.1 The Cycle of Liberation.