
Teresa Pride

Strengths Insight Report

SURVEY COMPLETION DATE: 02-04-2019



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Teresa Pride

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Your Top 5 Themes

1. Consistency
2. Responsibility
3. Empathy
4. Adaptability
5. Relator

Consistency

SHARED THEME DESCRIPTION

People exceptionally talented in the Consistency theme are keenly aware of the need to treat people the same. They crave stable routines and clear rules and procedures that everyone can follow.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you may champion the importance of not playing favorites. Perhaps you argue against giving one person on the team even the slightest advantage over anyone else in the group. Because of your strengths, you can provoke laughter with your words and actions. Because you possess a practical temperament, your merriment usually has a purpose. It amuses the famous and the not-so-famous as well as the important and the not-so-important. You treat everyone equally when exercising your flair for comedy. Simply put: No person or group of people becomes the target of your jokes and stories. Instinctively, you may be pleased with yourself when you can make unhurried yet measured progress. You might feel that this approach permits you to do some of your finest work. By nature, you are inclined to be attentive to what people tell you. This explains why you are surprisingly knowledgeable about the thoughts or feelings of others. You place a priority on giving equal attention to every speaker, not just the people you like or those who share your interests. For that reason, your understanding of individuals and situations is undoubtedly much greater than that of nonstop talkers. It's very likely that you set up procedures and guidelines for completing your tasks. You use these approaches with regularity. You probably experience less success when circumstances or people prevent you from relying on the methods that work so well for you.

Responsibility

SHARED THEME DESCRIPTION

People exceptionally talented in the Responsibility theme take psychological ownership of what they say they will do. They are committed to stable values such as honesty and loyalty.

YOUR PERSONALIZED STRENGTHS INSIGHTS

Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

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What makes you stand out?

Driven by your talents, you might go out of your way to do what you promised. Sometimes you are impelled to follow the rules of your conscience. Is it any wonder that you may take time to think about certain things you could do or should do better? Instinctively, you are quite comfortable being honest about yourself with others. You harbor very few illusions about who you really are. Furthermore, you can openly acknowledge your mistakes and shortcomings. This is apt to distinguish you from most people. Because of your strengths, you place a premium on doing everything correctly. Whatever you are involved in or associated with must typify — that is, symbolize — accuracy and precision. Your high standards demand exactness. It's very likely that you prepare for assignments by reading extensively. Your capacity for pulling together information from books, publications, correspondence, notes, or Internet sites serves you well. As a result, you often avoid feelings of self-reproach — that is, blaming yourself for not knowing something you should have known. Chances are good that you may be exceptionally mature in the way you open yourself to diverse types of people. Perhaps you welcome individuals who otherwise would feel out of place or ignored.

Empathy

SHARED THEME DESCRIPTION

People exceptionally talented in the Empathy theme can sense other people's feelings by imagining themselves in others' lives or situations.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you intentionally play some games simply to enjoy them. You naturally gravitate to people who share this trait. You instinctively notice who is having fun and who is not. These insights often affect how you interact with various individuals. It's very likely that you sometimes have quick and ready insights into what individuals are sensing. Perhaps your instincts allow you to ask questions in the right way. In your dealings with people, you might know the best time to speak, listen, advise, or praise. By nature, you might consider what you want to make better about yourself, a project, another person, a plan, or an event. When people recognize your commitment to quality, some of them may be willing to reveal to you their innermost thoughts or feelings. Perhaps you yearn to be trusted not to tell anyone what was meant for you alone to hear. Because of your strengths, you sometimes bring smiles to people's faces by making them feel welcome. Perhaps your circle of acquaintances, teammates, classmates, family members, or friends is amazed by your ability to attract individuals who represent diverse backgrounds and interests. Chances are good that you

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may feel honored when someone entrusts his/her innermost thoughts or feelings to you. Sometimes the person needs to initiate the conversation, however. Perhaps you are reluctant to bring up certain topics or raise specific questions. You might worry about leaving the impression that you are prying or being nosy — that is, being unduly interested in the private affairs of the individual.

Adaptability

SHARED THEME DESCRIPTION

People exceptionally talented in the Adaptability theme prefer to go with the flow. They tend to be “now” people who take things as they come and discover the future one day at a time.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

It's very likely that you might be the team member who slows down to appreciate the loveliness of your environment. Perhaps you have an easier time fitting into new settings than some people do. Why? Maybe you see or are fascinated by the aesthetic — that is, beautiful — qualities of each place. Chances are good that you are quite comfortable letting the day's events and people's demands determine what really deserves your attention. By nature, you now and then set aside time to appreciate the loveliness and splendor of your surroundings. Instinctively, you need to have time to rest and unwind. Rushing from one activity or assignment to another can take a toll on you mentally, physically, or emotionally. So, rather than do the opposite of what everyone else is doing, you prefer to move in the same direction as they are. Typically you choose to use the processes they are using. In your opinion, being cooperative is not only sensible and efficient, but also less exhausting. Driven by your talents, you think about the present and enjoy the moment. You know it is impermanent — that is, it does not last forever. You struggle to deal with people who are rooted in the past, those who can see only the future, or those who are caught up in the stresses of the day. For you, it is tiring to spend much time with individuals who are constantly busy or moving so fast they fail to enjoy their lives minute by wondrous minute.

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Relator

SHARED THEME DESCRIPTION

People exceptionally talented in the Relator theme enjoy close relationships with others. They find deep satisfaction in working hard with friends to achieve a goal.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you are someone to whom others turn for an honest perspective about a project, person, event, or idea. They trust you will share your viewpoints. Instinctively, you embody the adage: "If you want to get something done, ask a busy person." You deliver peak performances when you can tackle a task. You experience tremendous satisfaction each time you accomplish something. You probably like being held accountable for your actions and words. It's very likely that you are regularly sought out by others for your expert counsel. A variety of people ask for your opinions and suggestions. Once individuals realize you possess the precise knowledge and skills they need, they come to you for guidance. Because of your strengths, you are known for being well-read. This explains why people seek you out to solicit your point of view on various topics. Others' questions routinely inspire you to delve more deeply into subjects. By reading, you continually add fresh ideas to your mind's storehouse of information. By nature, you have close companions who frequently seek your guidance. You help them find answers to their personal and professional problems. This makes you a valuable friend.

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