

## Self-Assessment 4-6: Narcissism

For each of the following statements, indicate the degree to which you think each describes you by writing the appropriate number. For example, if a statement fits you well and sounds a lot like you, you would write 4.

1 = Does not sound like me at all/does not fit me at all

2 = Does not sound like me

3 = Sounds like me

4 = Sounds a lot like me/fits me very well

- \_\_\_\_\_ 1. I see myself as a good leader.
- \_\_\_\_\_ 2. I know that I am good because everyone tells me so.
- \_\_\_\_\_ 3. I can usually talk my way out of anything.
- \_\_\_\_\_ 4. Everybody likes to hear my stories.
- \_\_\_\_\_ 5. I expect a great from other people.
- \_\_\_\_\_ 6. I am assertive.
- \_\_\_\_\_ 7. I like to display my body.
- \_\_\_\_\_ 8. I find it easy to manipulate other people to get what I want.
- \_\_\_\_\_ 9. I don't need anyone to help me get things done.
- \_\_\_\_\_ 10. I insist on getting the respect I deserve.
- \_\_\_\_\_ 11. I like having authority over other people.
- \_\_\_\_\_ 12. I enjoy showing off.
- \_\_\_\_\_ 13. I can read people like a book.
- \_\_\_\_\_ 14. I always know what I am doing.
- \_\_\_\_\_ 15. I will not be satisfied until I get all that I deserve.
- \_\_\_\_\_ 16. People always seem to recognize my authority.
- \_\_\_\_\_ 17. I enjoy being the center of attention.
- \_\_\_\_\_ 18. I can make anybody believe anything.
- \_\_\_\_\_ 19. I seem to be better at most things than other people.
- \_\_\_\_\_ 20. I get upset when people don't notice me or recognize my accomplishments.
- \_\_\_\_\_ 21. I enjoy being in charge and telling people what to do.
- \_\_\_\_\_ 22. I like to be complimented.
- \_\_\_\_\_ 23. I can get my way in most situations.
- \_\_\_\_\_ 24. I think I am a special person.
- \_\_\_\_\_ 25. I deserve more than the average person because I am better than most people.
- \_\_\_\_\_ 26. I have a natural talent for leadership.
- \_\_\_\_\_ 27. I like to look at myself in the mirror.
- \_\_\_\_\_ 28. I know how to get others to do what I want.
- \_\_\_\_\_ 29. The world would be a better place if I was in charge.
- \_\_\_\_\_ 30. I am going to be a great person.

### Scoring Key:

*Desire for power and leadership (L):* Add up scores for items: 1, 6, 11, 16, 21, and 26:

Total: \_\_\_\_\_

*Need for admiration and self-admiration (SA):* Add up scores for items: 2, 7, 12, 17, 22, and 27.

Total: \_\_\_\_\_

*Exploiteness (EX):* Add up scores for items: 3, 8, 13, 18, 23, and 28.

Total: \_\_\_\_\_