

Purpose

The purpose of this assignment is for the student to reflect on the nursing care of a critically-ill individual from a clinical experience. The student will demonstrate clinical reasoning skills and will discuss interdisciplinary care that had been incorporated and/or anticipated during the care of the critically-ill individual.

Course outcomes: This assignment enables the student to meet the following course outcomes:

- CO 1: Provide nursing care to patients and their families in critical and emergent care settings based on theories and principles of nursing and related disciplines.
- CO 2: Initiate the use of appropriate resources in direct care responsibilities within critical-care and emergent care settings.
- CO 3: Demonstrate effective therapeutic communication and relationship skills in providing care to patients and families in critical-care and emergent care settings.
- CO 4: Demonstrate effective clinical decision-making based on critical thinking skills and legal, ethical, and professional standards and principles when caring for patients and families in critical care and emergent care settings.
- CO 5: Implement a plan of for continued personal, professional, and educational development related to nursing practice within critical-care and emergent care settings.
- CO 7: Use evidence including research findings from nursing and related disciplines to answer clinical questions related to nursing care of patients in critical care and emergent care settings.

Due date: Your faculty member will inform you when this assignment is due. The Late Assignment Policy applies to this assignment.

Total points possible: 100 points

Preparing the assignment

Follow these guidelines when completing this assignment. The paper should be typed and presented in APA format, including an APA title page, use of headings, and references with in-text citations. Spelling and grammar will be evaluated with this assignment. Speak with your faculty member if you have questions.

Background Information Summary:

- Demographics
 - History of present illness
 - Relevant past medical and surgical history
 - Admitting diagnosis (diagnoses)
 - Course of current hospitalization to date
- significant assessment findings during day(s) of care. Include vital signs, focused assessment, and data

CO 4: Demonstrate effective clinical decision-making based on critical thinking skills and legal, ethical, and professional standards and principles when caring for patients and families in critical care and emergent care settings.

CO 5: Implement a plan of for continued personal, professional, and educational development related to nursing practice within critical-care and emergent care settings.

CO 7: Use evidence including research findings from nursing and related disciplines to answer clinical questions related to nursing care of patients in critical care and emergent care settings.

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Background Information Summary:

- Demographics
- History of present illness
- Relevant past medical and surgical history
- Admitting diagnosis (diagnoses)
- Course of current hospitalization to date
- Significant assessment findings during day(s) of care. Include vital signs, focused assessment, and data from monitoring devices. (This information can be presented in a table).

Laboratory and Diagnostic Tests

- Identify and list a summary of relevant and significant lab values and diagnostic tests/procedures performed. Include the rationales for performing the tests and for any abnormal results. Provide an analysis of the relationships between/among the diagnostic tests and lab results with the critically-ill individual's current condition(s).

Medications

- Identify and list a summary of relevant and significant medications. Indicate the trade name and generic name, the medication classification, the therapeutic use, major adverse effects, timing, dosage, route of administration, and the nursing implications. Also include the rationale(s) as to why the medication is prescribed for treatment. For example, document the rationale for how the treatment corrects the critically-ill individual's condition or a side effect of another drug that is prescribed for treatment. *This information can be presented in a table.

Nursing Diagnoses

- In order of priority, identify three (3) nursing diagnoses for the individualized plan of care for this patient. Two of the nursing diagnoses must address actual problems, and one of the nursing diagnoses must be a "Risk for" or "Potential Complication" (PC). For each nursing diagnosis, include three (3) specific, measurable, achievable, realistic, and timely (SMART) nursing goals/outcomes, three (3) nursing interventions, and three (3) collaborative interventions. *This section can be presented as a table or concept map.

Interventions - ROUTINE NURSING MANAGEMENT

- Describe independent nursing care you provided in the care of the critically-ill individual. Examples include, but are not limited to: activity level, position, ongoing monitoring, and nutrition (prescribed diet, tube feedings/TPN, formula, rate, and calculation of basal energy expenditure (BEE), patient education, wound care etc.). The rationale must be included for each intervention.

Interdisciplinary (ID) Care

Collaborative Management

- Identify the members of the interdisciplinary team caring for the critically-ill individual. Provide a brief description of their roles and responsibilities. Interdisciplinary team members include, but are not limited to: physician, pharmacist, lab/diagnostic tests personnel, respiratory therapy, physical therapy, occupational therapy, speech therapy, social work/case management, pastoral care, ethicist, etc.

Therapeutic Modalities

- Describe the various therapeutic modalities used in the management of care for the critically-ill individual. Discuss the extent of the nurse's responsibilities and skills required to manage the therapeutic modality in comparison to the responsibilities of the members of the interdisciplinary team. Therapeutic modalities include but are not limited to: oxygen therapy (mode, FiO₂), dialysis/CRRT (settings), ventilator therapy (mode of ventilation, settings, FiO₂). The rationale must be included for each modality.