

MATERNITY CASE STUDY -1 HOUR

Elaina, 27 years old, visits a prenatal clinic to confirm a positive pregnancy test. Elaina tells the nurse that she is not married and has no support system. She also states that she is making a minimum wage at a restaurant with no health insurance and cannot afford prenatal care. She intends to keep the baby and would rather not tell her partner because, "they don't have that kind of a relationship". Elaina asks the nurse "if I take good care of myself, why do I need prenatal care?"

1. Explain how the fetus is affected by tobacco use during pregnancy. Keep in mind the 2020 National Health Goals, what are some things you can do as a nurse to promote these goals and carry your ideas into the community
2. You are asked to perform an assessment of a pregnant woman and her family. Prior to the assessment, devise a list of the interview questions to use to assess the woman's readiness for parenthood and current health status as well as her goals for the pregnancy