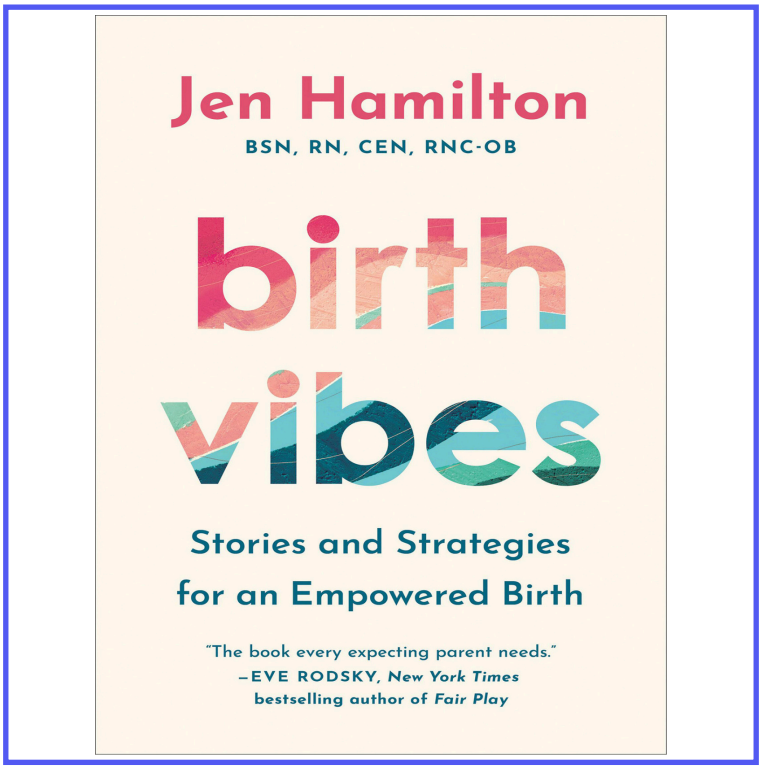


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Jen Hamilton

birth vibes

Stories *and* Strategies *for an* Empowered Birth



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To the patients who have allowed me to walk with them through the moments that changed everything, it has been the honor of my life.

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author’s note

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