

Total score Levels of Depression

- 05 - 09 These ups and downs are considered normal
- 10 - 18 Mild to moderate depression
- 19 - 29 Moderate to severe depression
- 30 - 63 Severe depression

Scoring
←

Below 4 = Possible denial of depression, faking good; this is below usual scores for normals.

Over 40 = This is significantly above even severely depressed persons, suggesting possible exaggeration of depression; possibly characteristic of histrionic or borderline personality disorders. Significant levels of depression are still possible (Groth-Marnat, 1990).

Key References:

for study purposes only!