



Instructions: Please choose one adult health condition learned in the course. Once the health condition is chosen, you are to write a three-to-five-page paper in APA format, 7th edition, with the following sections and level 2 headings:

Introduction

- Brief overview of adult health
- Introduce the disease condition chosen
- Importance of understanding the condition

Presentation of Condition

- Describe the condition chosen and its pathophysiology.
- What signs/symptoms can be found in the patient?
- Identify if there can be presentation variations based on culture, race, ethnicity, age, etc.

Diagnosis of Condition

- Diagnostic testing (including imaging, labs, and other necessary evaluations based on condition)
- Clinical evaluation via medical history and physical examination

Treatment of Condition

- Medications



Treatment of Condition

- Medications
- Treatments
- Managing symptoms (if needed)
- Non-pharmacological treatments (if applicable)

Potential Health Risks if Left Untreated

- Physical and mental health risks

Recent Evidence-Based Advancements in Condition

- Choose one evidence-based treatment that has been shown to improve the condition within the last 5 years.
- Briefly summarize the treatment and results.

Conclusion

- Recap points discussed in the paper
- Importance of management and early diagnosis (if applicable)

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