



ASCI 615 - Module 5 Discussion: Are You Fatigued?

In Module 5, we learned about the influence of human factors on aviation accidents and how these factors must be considered and assessed during accident investigations. One of these human factors that must be examined is fatigue. Fatigue is a general feeling of tiredness, exhaustion or lack of energy. Fatigue has been associated with aviation accidents in the past and has been considered one of the main factors that influence human error and accident causes.

For the module 5 Discussion Board, we are going to ask that you complete a fatigue assessment. This could be through the FAA Fatigue Risk Assessment Tool. This tool can be used to assess fatigue in aviation operations and can be used to give feedback regarding fatigue levels and incident risk. To complete the activity you must enter your sleep and work history over a 72 hour period. After you submit your data, a fatigue risk report will be generated. We will ask that you evaluate this information and reply to some questions on the board to elicit discussion with your peers.