

## Appendix B

### Summary of Systematic Reviews (SR)

Citation	Question	Search Strategy	Inclusion/Exclusion Criteria	Data Extraction and Analysis	Key Findings	Recommendation/Implications	Level of Evidence

Legend:

**Level I:** systematic reviews or meta-analysis

**Level II:** well-designed Randomized Controlled Trial (RCT)

**Level III:** well-designed controlled trials without randomization, quasi-experimental

**Level IV:** well-designed case-control and cohort studies

**Level V:** systematic reviews of descriptive and qualitative studies

**Level VI:** single descriptive or qualitative study

**Level VII:** opinion of authorities and/or reports of expert committees