

after the upheavals of industrialization, as the work unit of the family was destroyed, and urbanization and the emerging factory system demanded what social engineers of the time termed the "separate sphere" of domesticity, which supported the new labor category of the "breadwinner" who left home for the workplace during the day. The middle class expanded, the standards of living and of literacy rose, the size of families shrank; a new class of literate, idle women developed, on whose submission to enforced domesticity the evolving system of industrial capitalism depended. Most of our assumptions about the way women have always thought about "beauty" date from no earlier than the 1830s, when the cult of domesticity was first consolidated and the beauty index invented.

For the first time, new technologies could reproduce—in fashion plates, daguerreotypes, tintypes, and rotogravures—images of how women should look. In the 1840s, the first nude photographs of prostitutes were taken; advertisements using images of "beautiful" women first appeared in mid-century. Copies of classical artworks, postcards of society beauties and royal mistresses, Currier and Ives prints, and porcelain figurines flooded the separate sphere to which middle-class women were confined.

Since the Industrial Revolution, middle-class Western women have been controlled by ideals and stereotypes as much as by material constraints. This situation, unique to this group, means that analyses that trace "cultural conspiracies" are uniquely plausible in relation to them. The rise of the beauty myth was just one of several emerging social fictions that masqueraded as natural components of the feminine sphere, the better to enclose those women inside it. Other such fictions arose contemporaneously: a version of childhood that required continual maternal supervision; a concept of female biology that required middle-class women to act out the roles of hysterics and hypochondriacs; a conviction that respectable women were sexually anesthetic; and a definition of women's work that occupied them with repetitive, time-consuming, and painstaking tasks such as needlepoint and lacemaking. All such Victorian inventions as these served a double function—that is, though they were encouraged as a means to expend female energy and intelligence in harmless ways, women often used them to express genuine creativity and passion. But in spite of middle-class women's creativity with fashion and embroidery and child rearing, and, a century later, with the role of the suburban housewife that devolved from these social fictions, the fictions' main purpose was