

# Discussion Questions

1. How does this history of high blood pressure demonstrate the problem description and etiology components of the P.E.R.I.E. process? What different types of studies were used to establish etiology or contributory cause?
2. How does this history of high blood pressure illustrate the evidence-based recommendations and implementation and evaluation components of the P.E.R.I.E. process?
3. Explain the justification for updating the definition of what is considered a “healthy” blood pressure level.
4. How does this history of high blood pressure demonstrate the application of the four criteria for a successful screening program? Explain.
5. Using the four quadrants of cost and effectiveness, how would you classify treatment of hypertension for the average person? For those with diabetes? Explain.